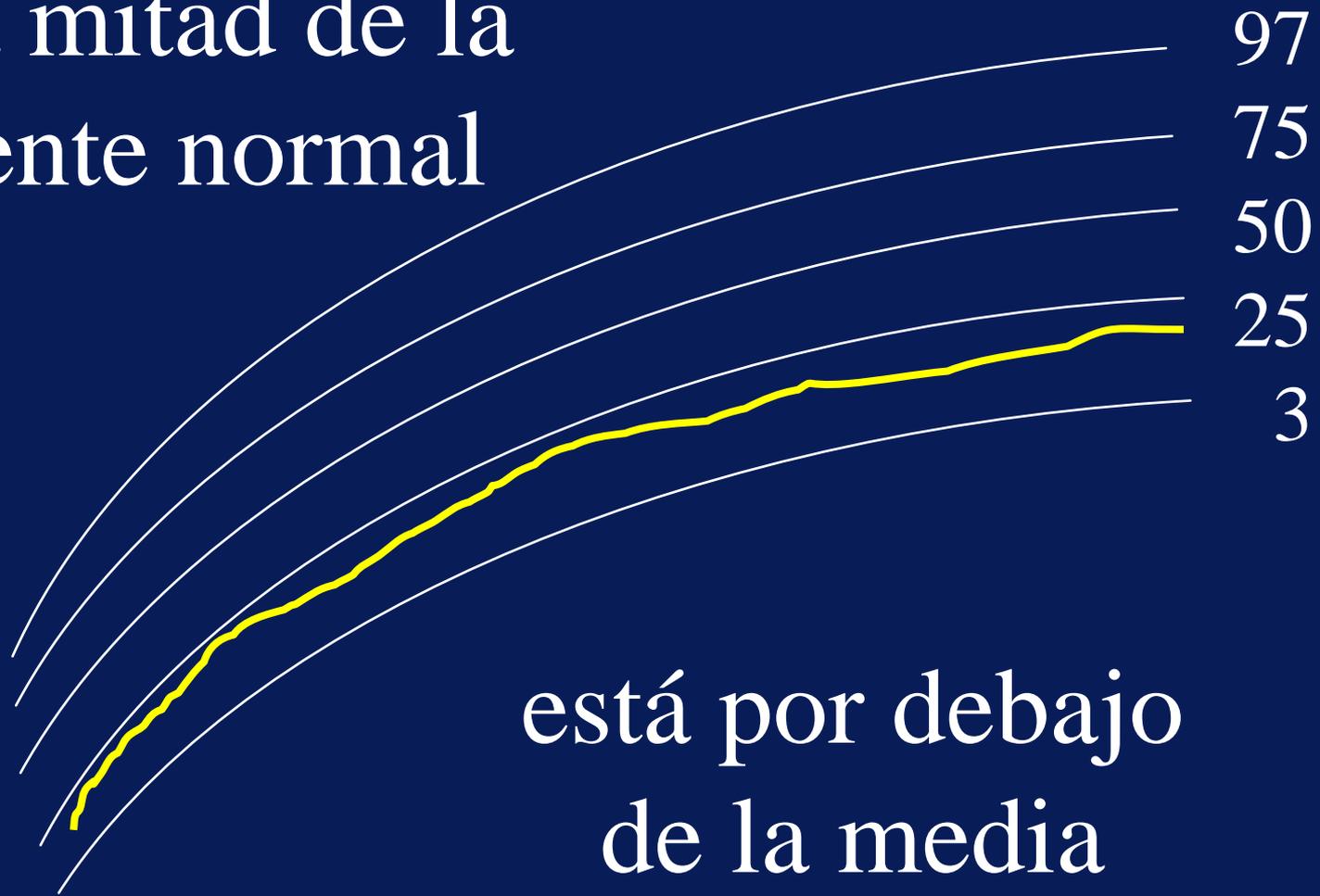


# Uso y abuso de las gráficas



Carlos González

La mitad de la  
gente normal



está por debajo  
de la media

El 3% de la  
gente normal

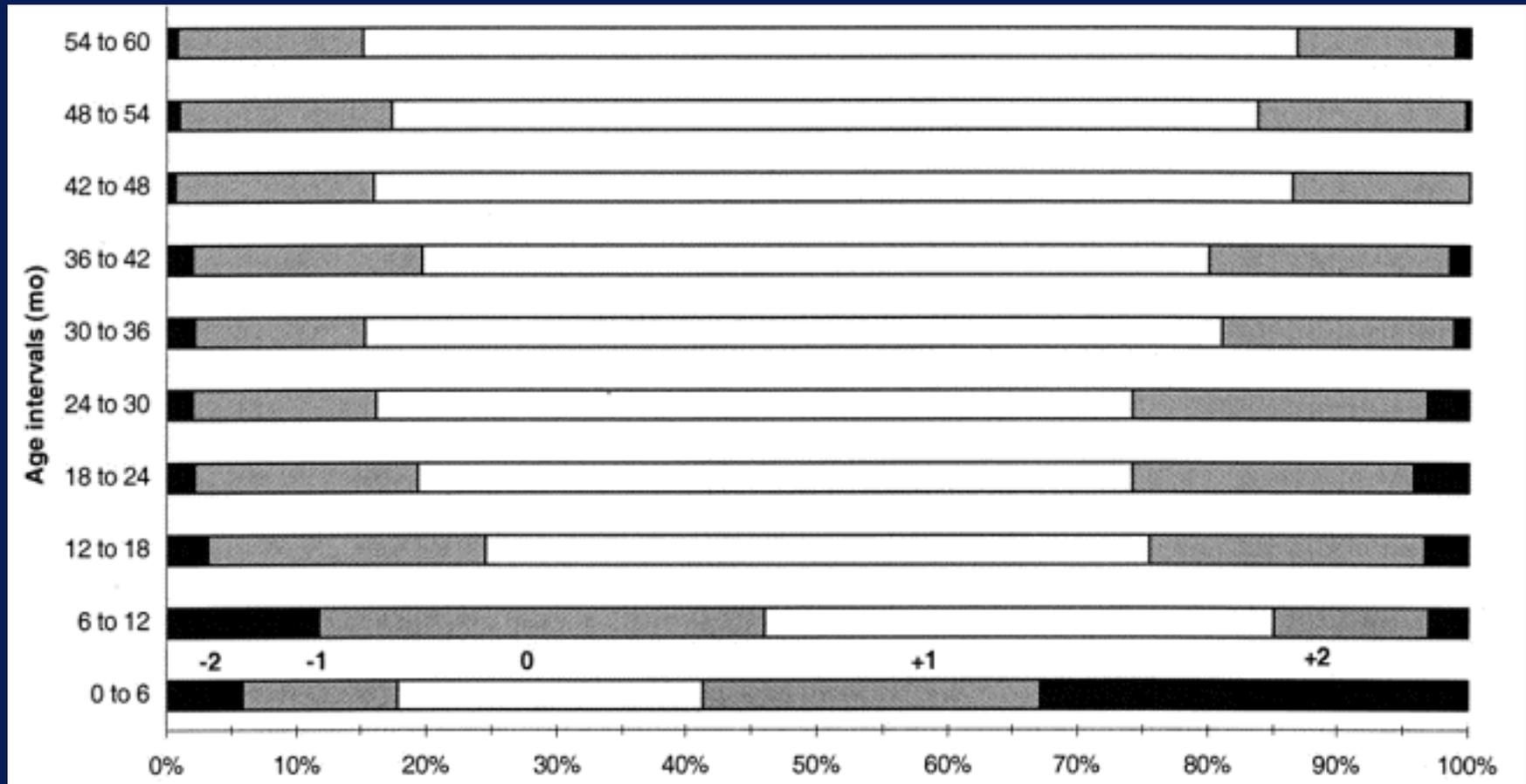


está por debajo  
del percentil 3

Las curvas  
de peso



# Cruzar percentiles, peso / edad



Mei, Z. et al. Pediatrics 2004;113:e617-e627

# Alicia

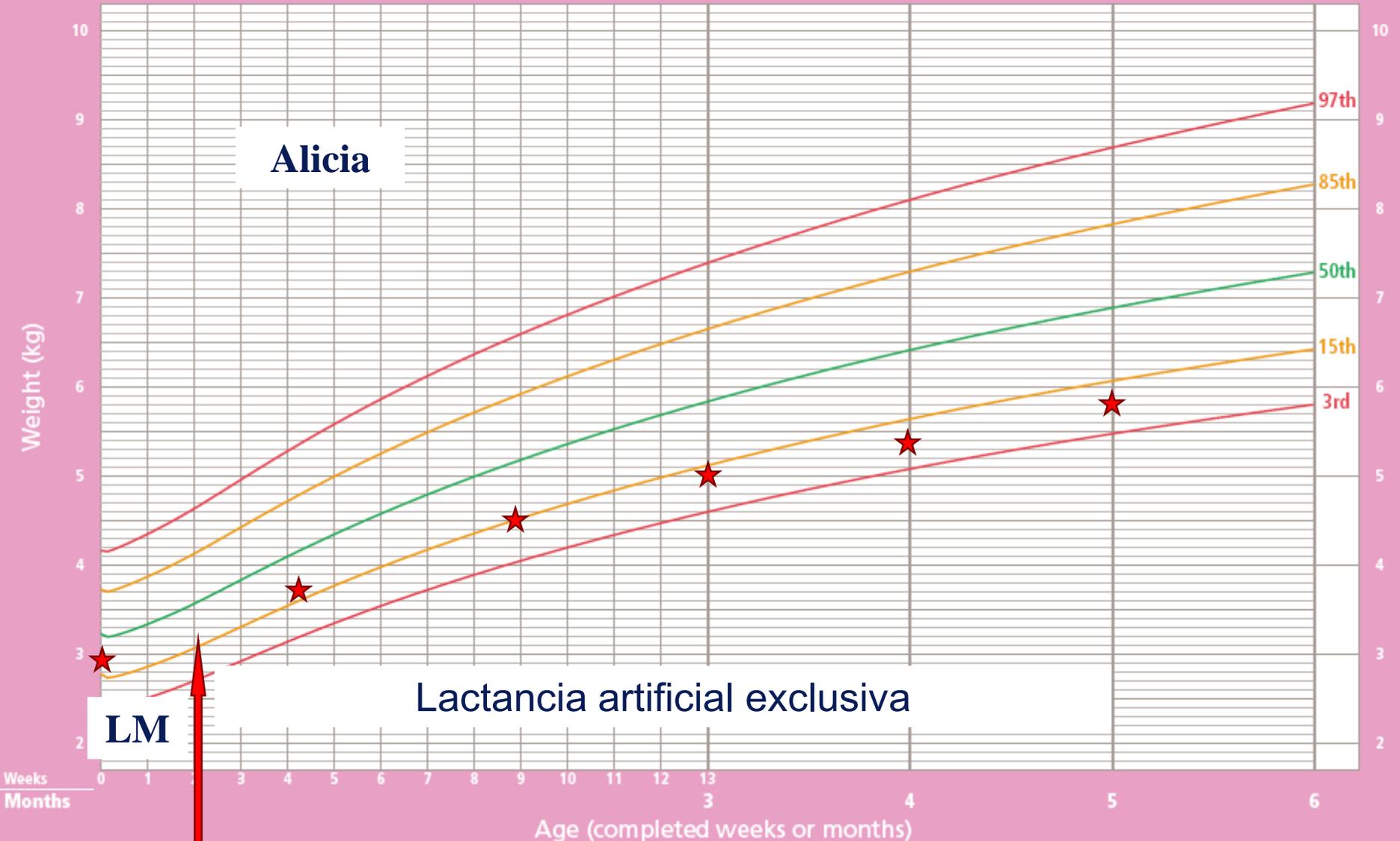
“Baja de peso”

“Debe tomar 500 ml  
de leche al día”

Ahora, a los 5 meses...  
aborrece la leche

# Weight-for-age GIRLS

Birth to 6 months (percentiles)



Alicia

LM

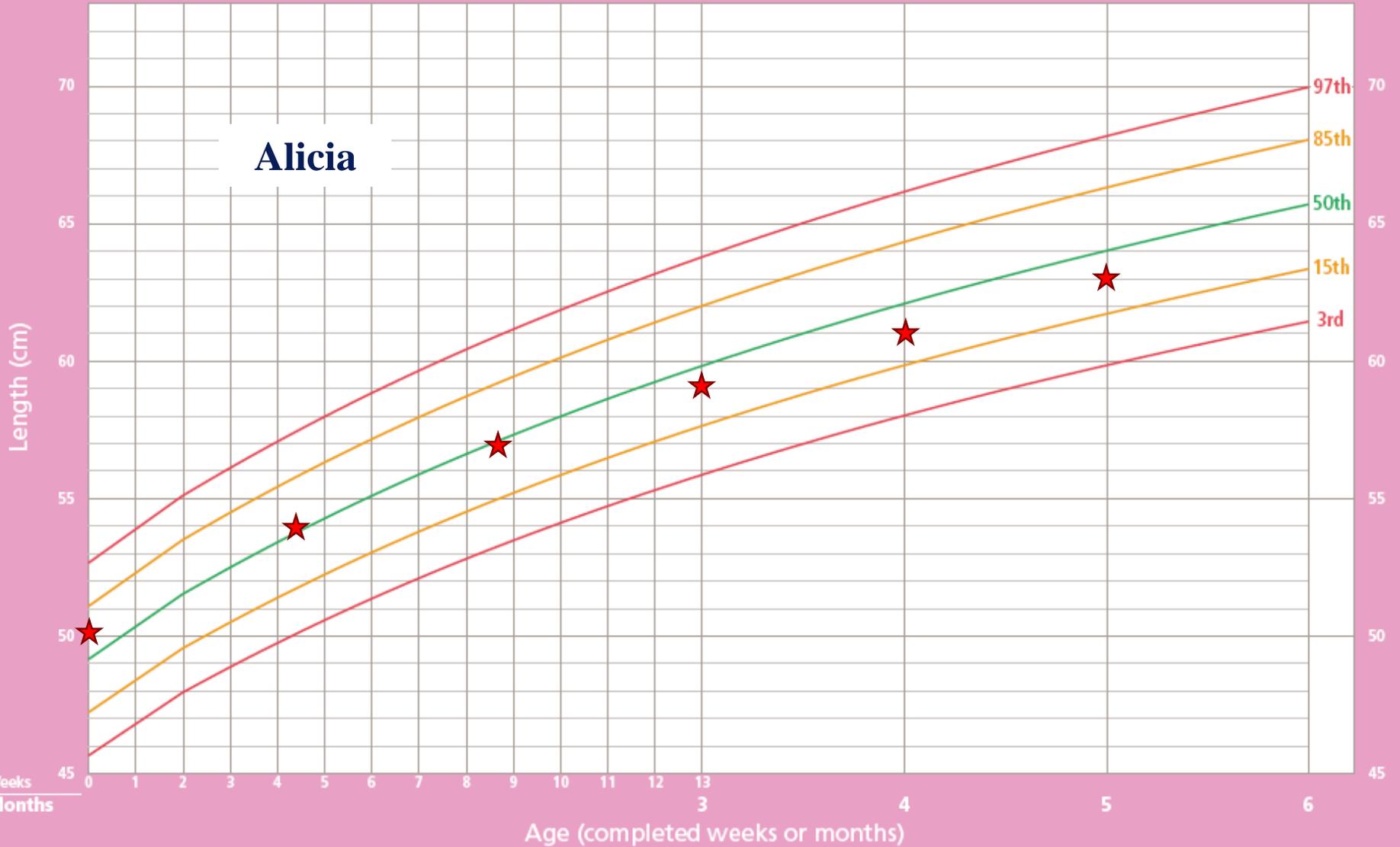
Lactancia artificial exclusiva

# Length-for-age GIRLS

Birth to 6 months (percentiles)



Alicia

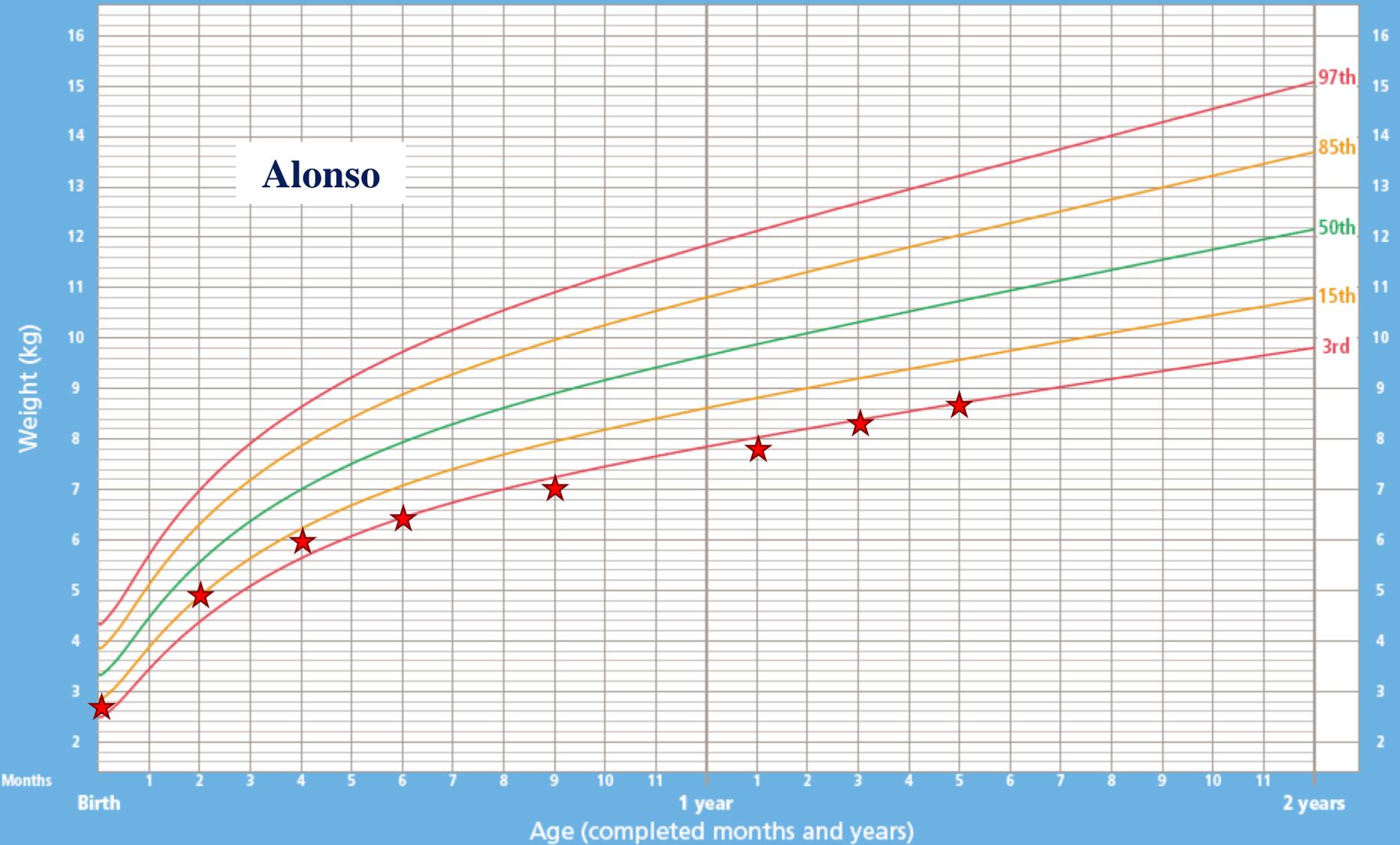


# Alonso

Lo han enviado al nutricionista

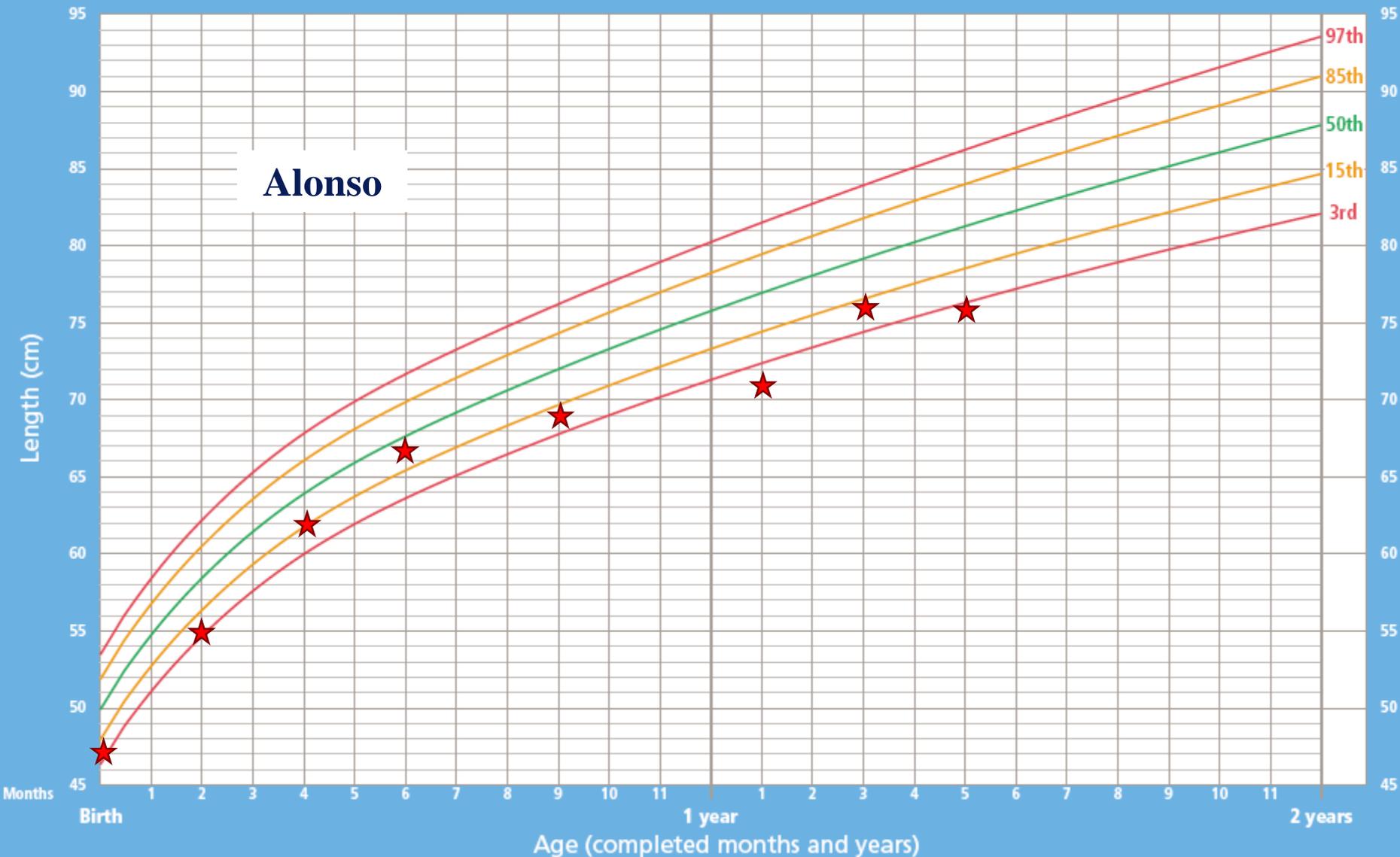
# Weight-for-age BOYS

Birth to 2 years (percentiles)



# Length-for-age BOYS

Birth to 2 years (percentiles)



# Rosa

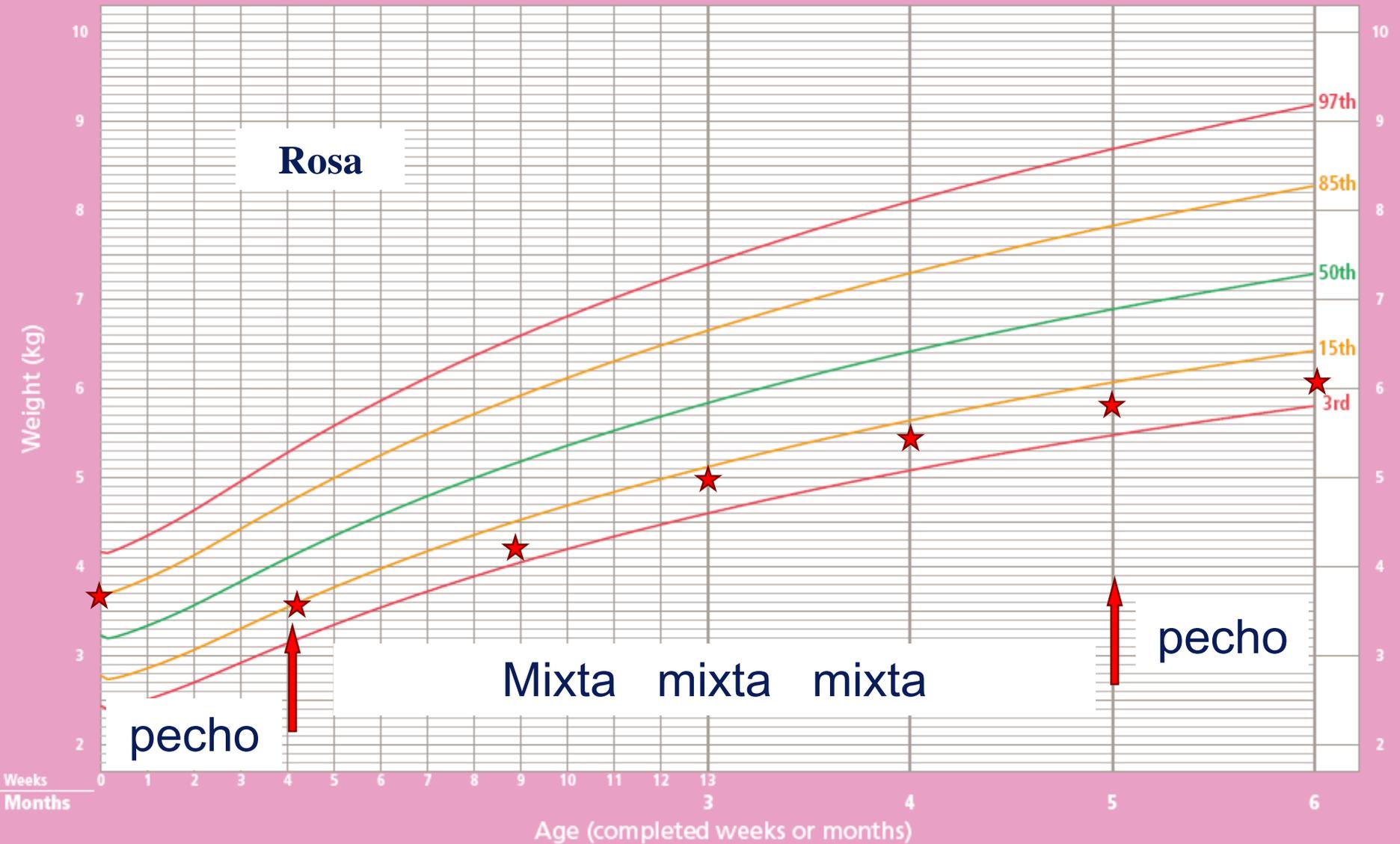
“Muy mal de peso”

El médico recomendó un  
suplemento

La madre suprimió los  
suplementos 4 meses después

# Weight-for-age GIRLS

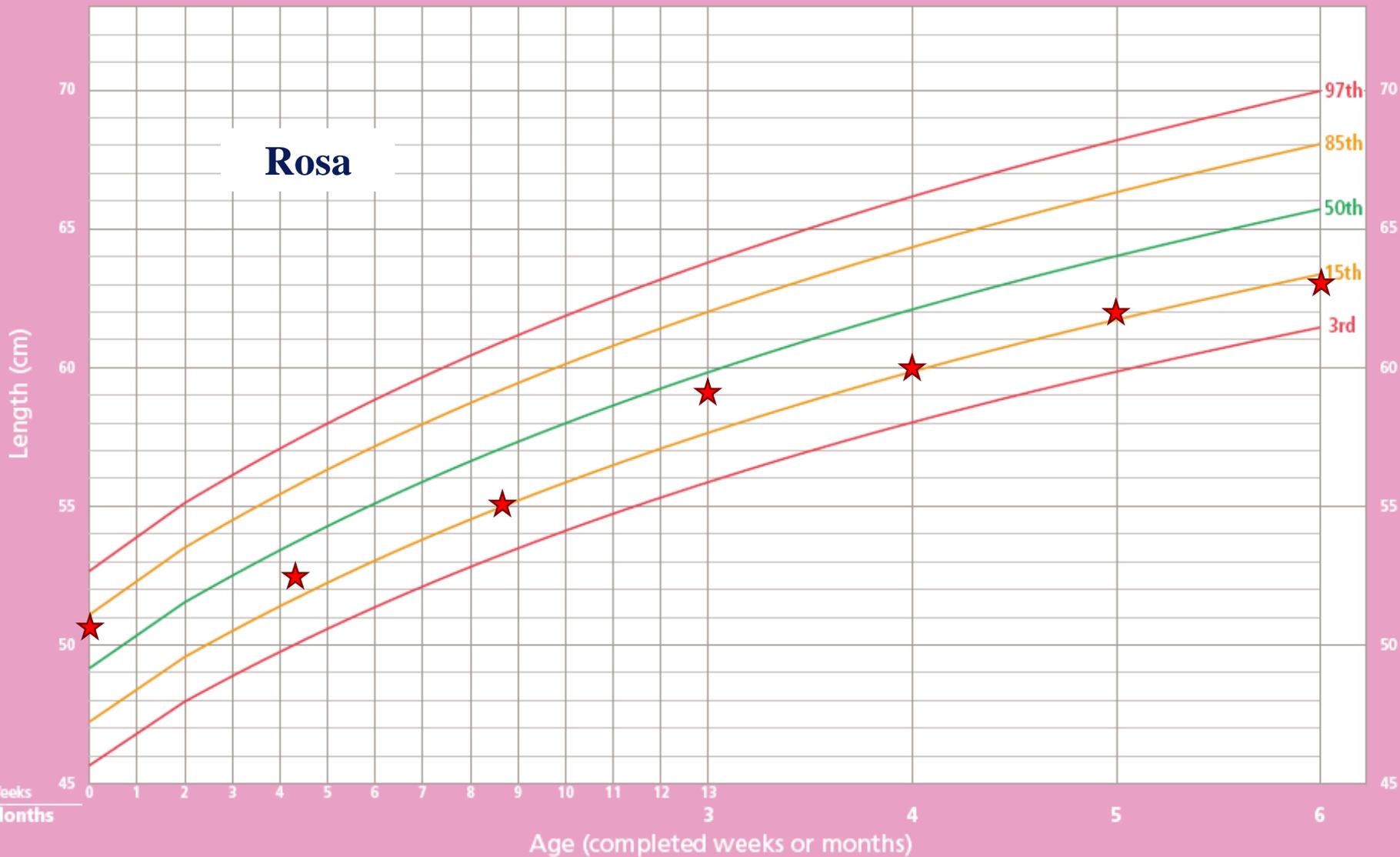
Birth to 6 months (percentiles)



# Length-for-age GIRLS

Birth to 6 months (percentiles)

Rosa



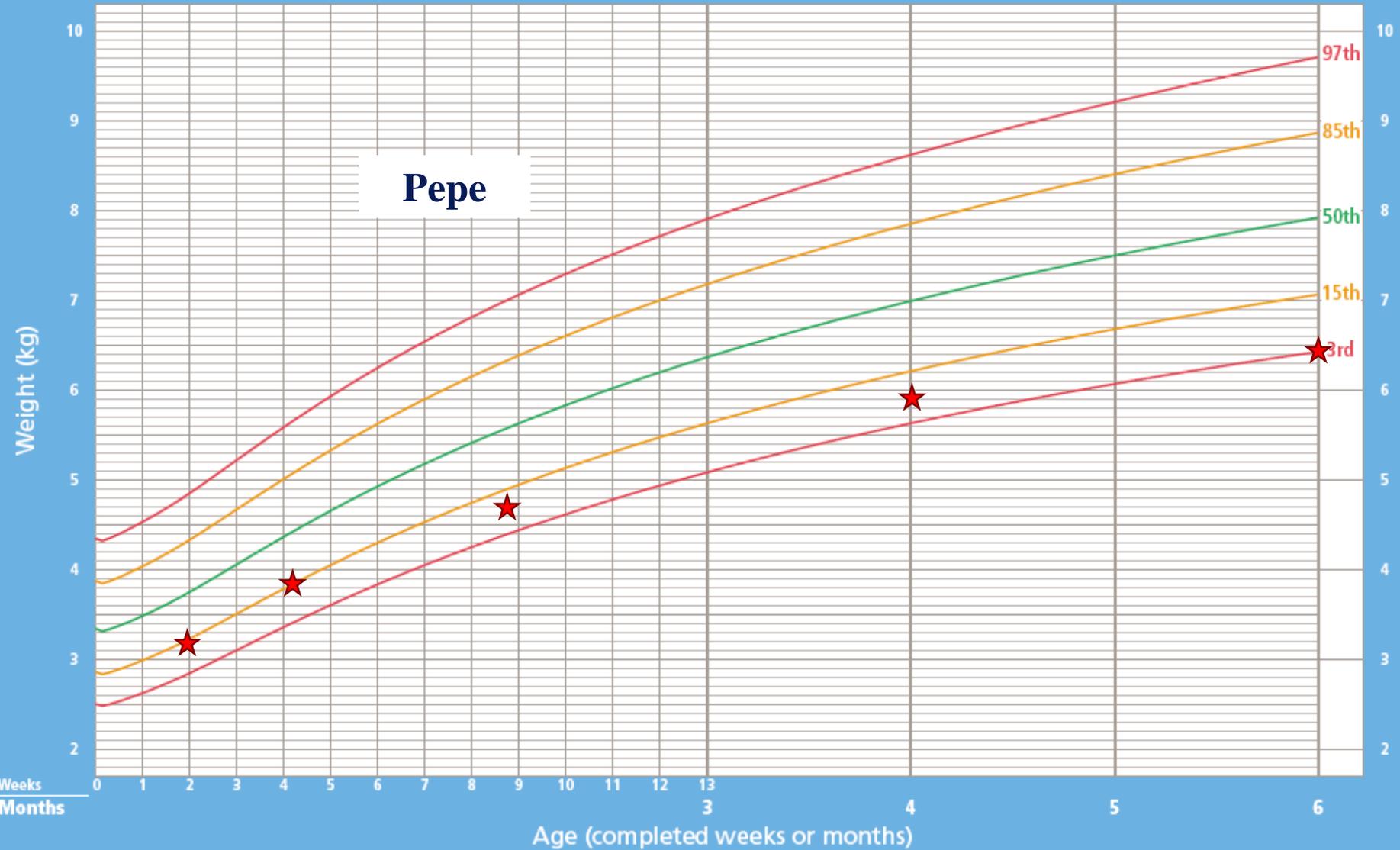
# Pepe

“Bajo peso”

Retraso constitucional  
del crecimiento

# Weight-for-age BOYS

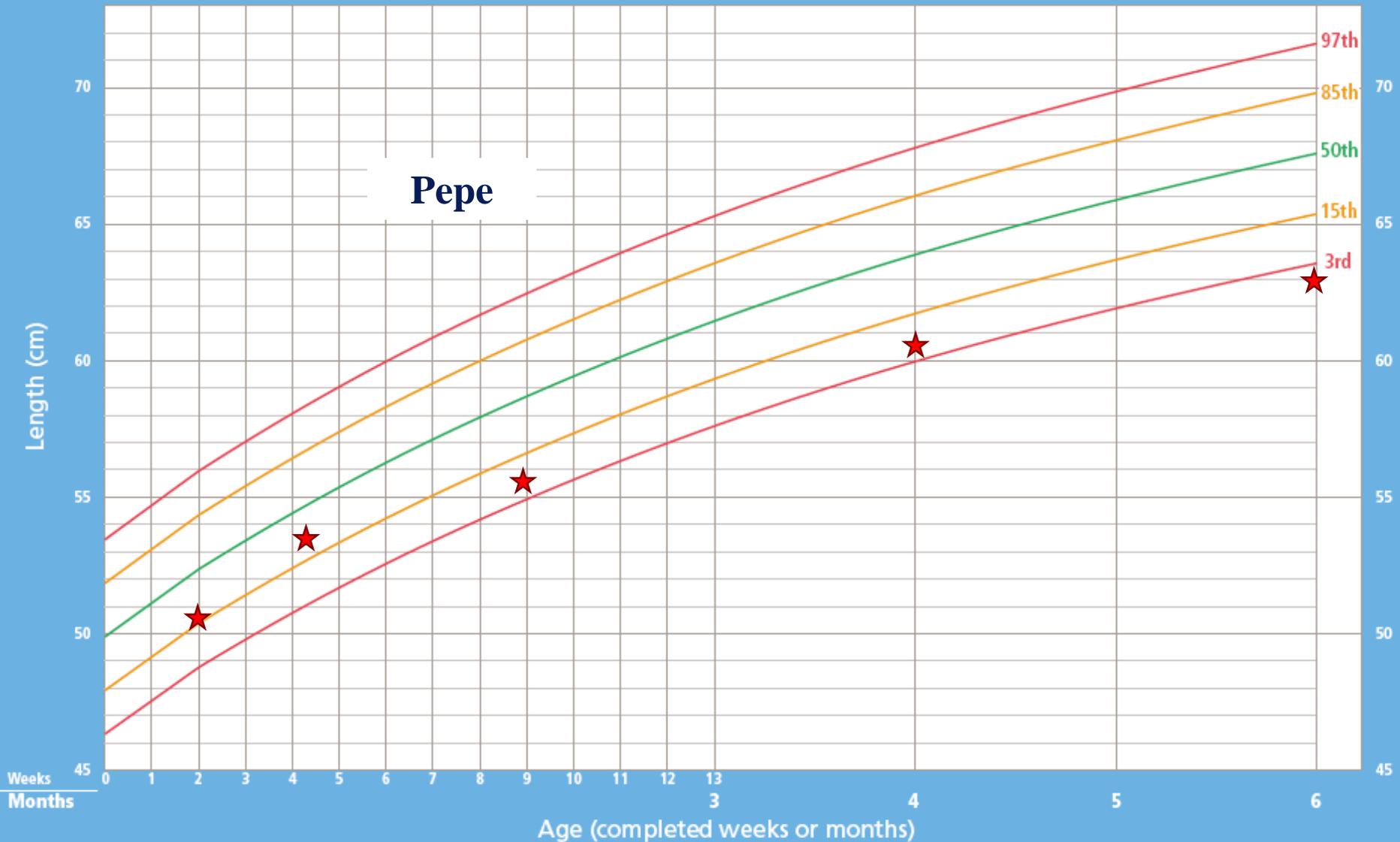
Birth to 6 months (percentiles)



Pepe

# Length-for-age BOYS

Birth to 6 months (percentiles)



# Ramón

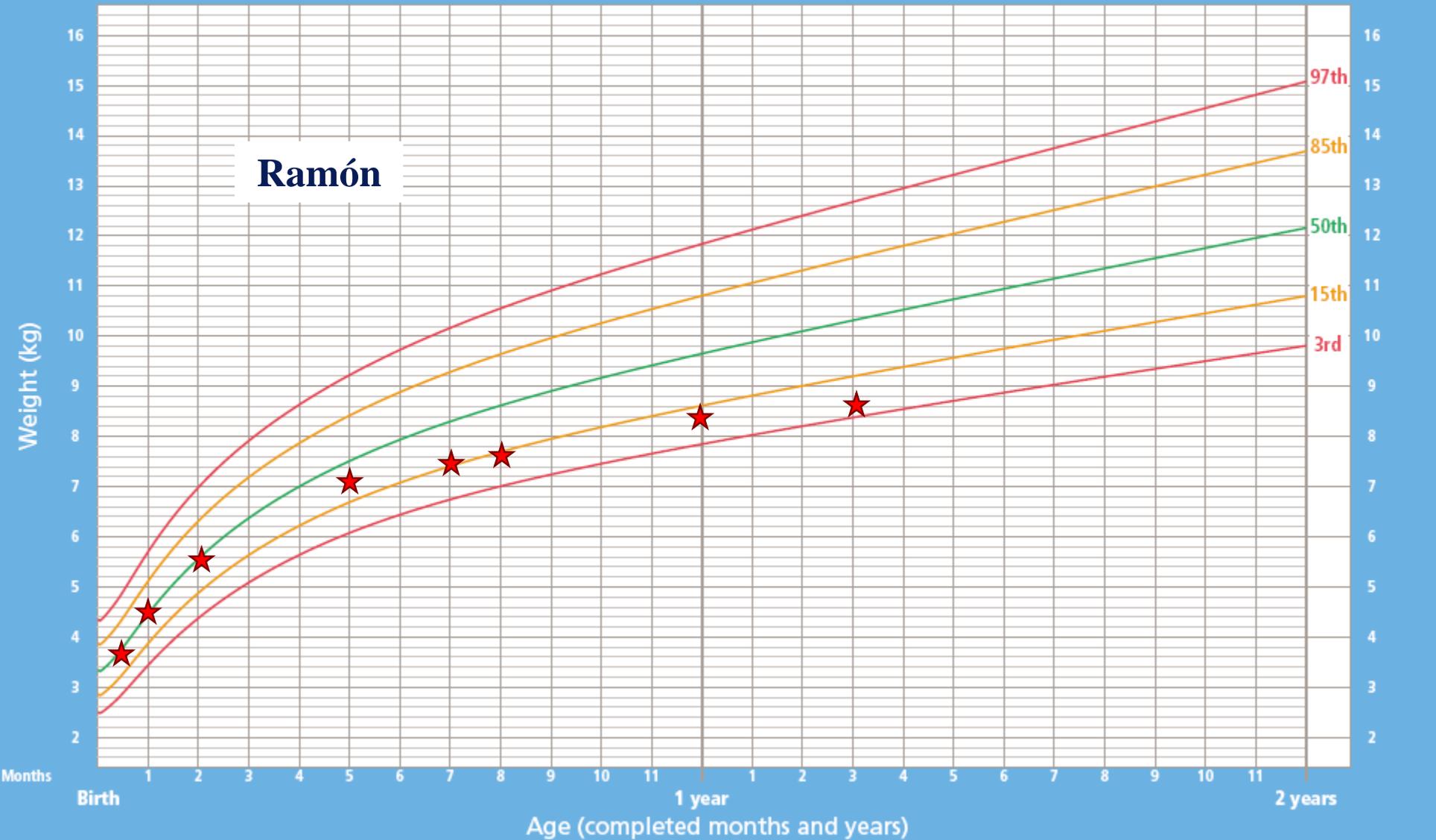
“Bajo peso”

La madre dice:

“¡pero la altura es normal!”

# Weight-for-age BOYS

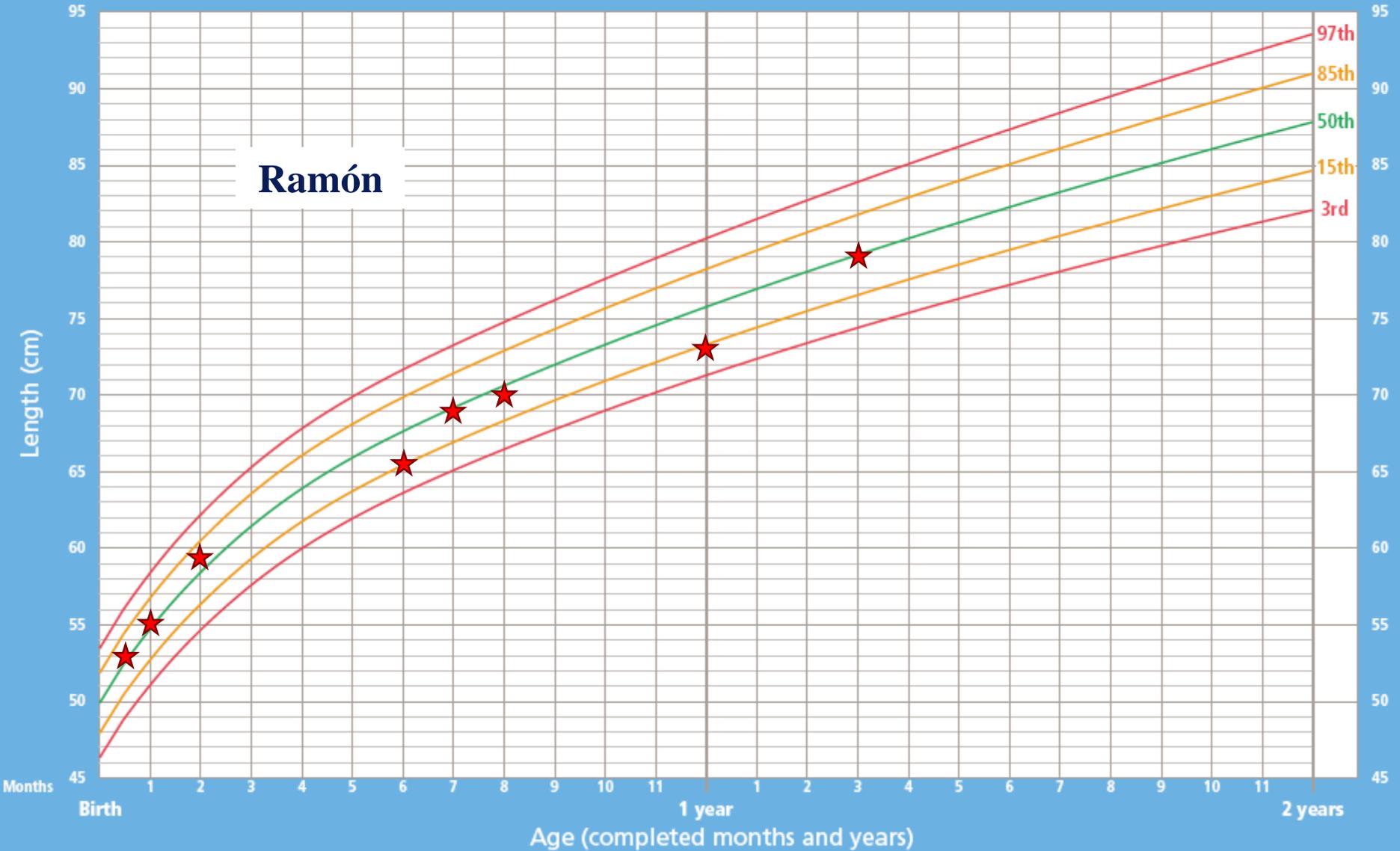
Birth to 2 years (percentiles)



Ramón

# Length-for-age BOYS

Birth to 2 years (percentiles)

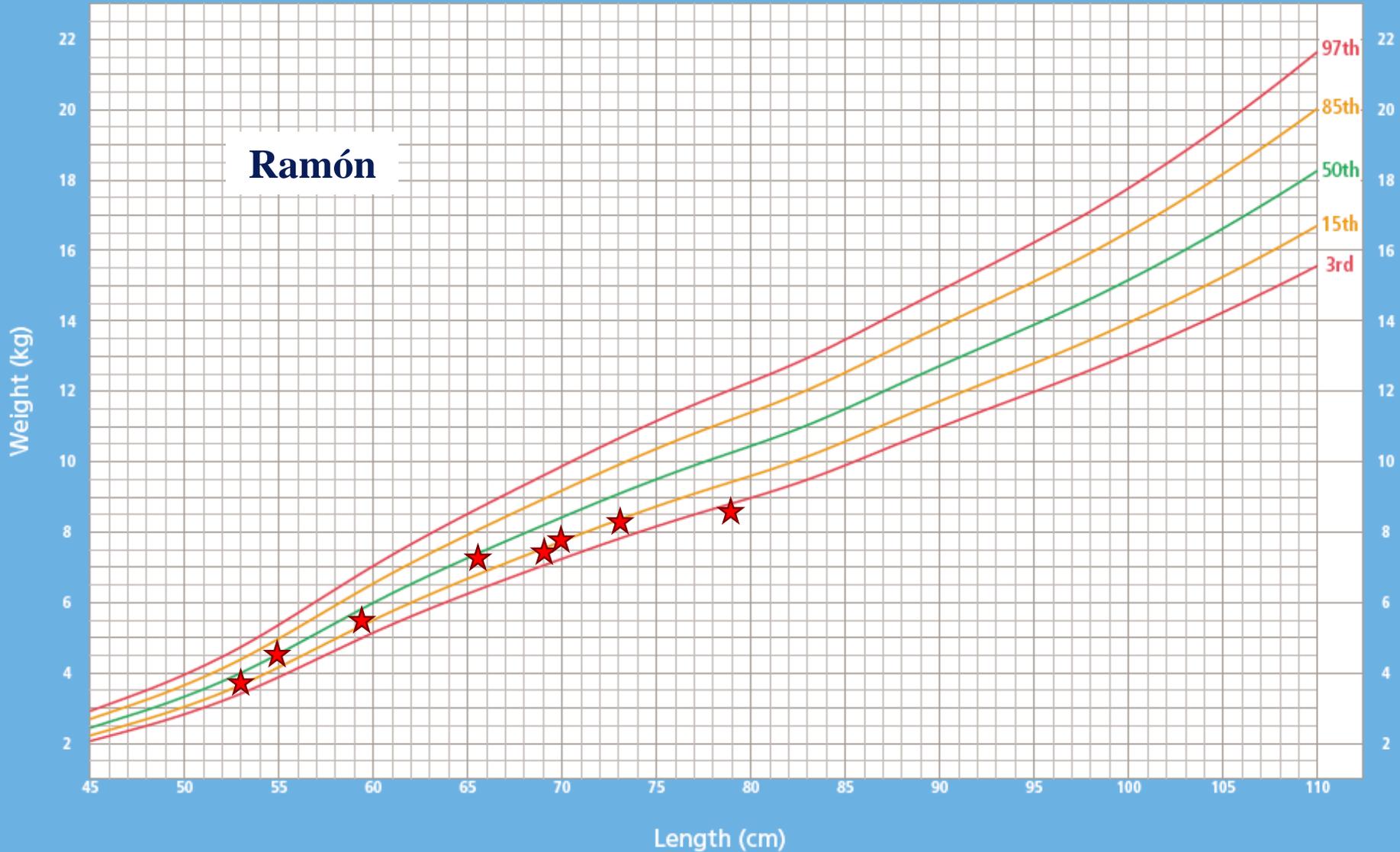


# Weight-for-length BOYS

Birth to 2 years (percentiles)



Ramón



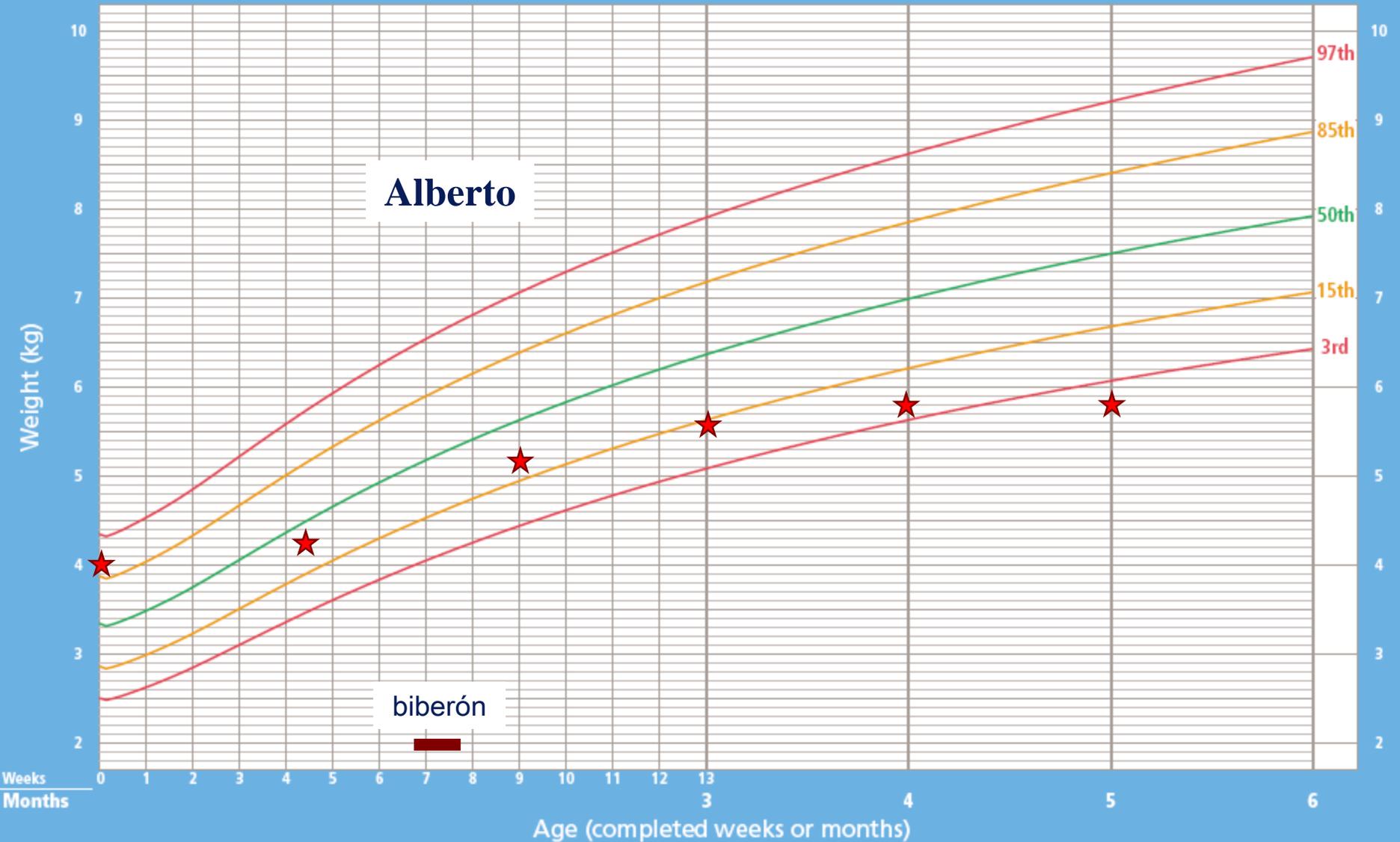
# Alberto

El médico recomendó  
un suplemento

La madre retiró los suplementos  
a las dos semanas...

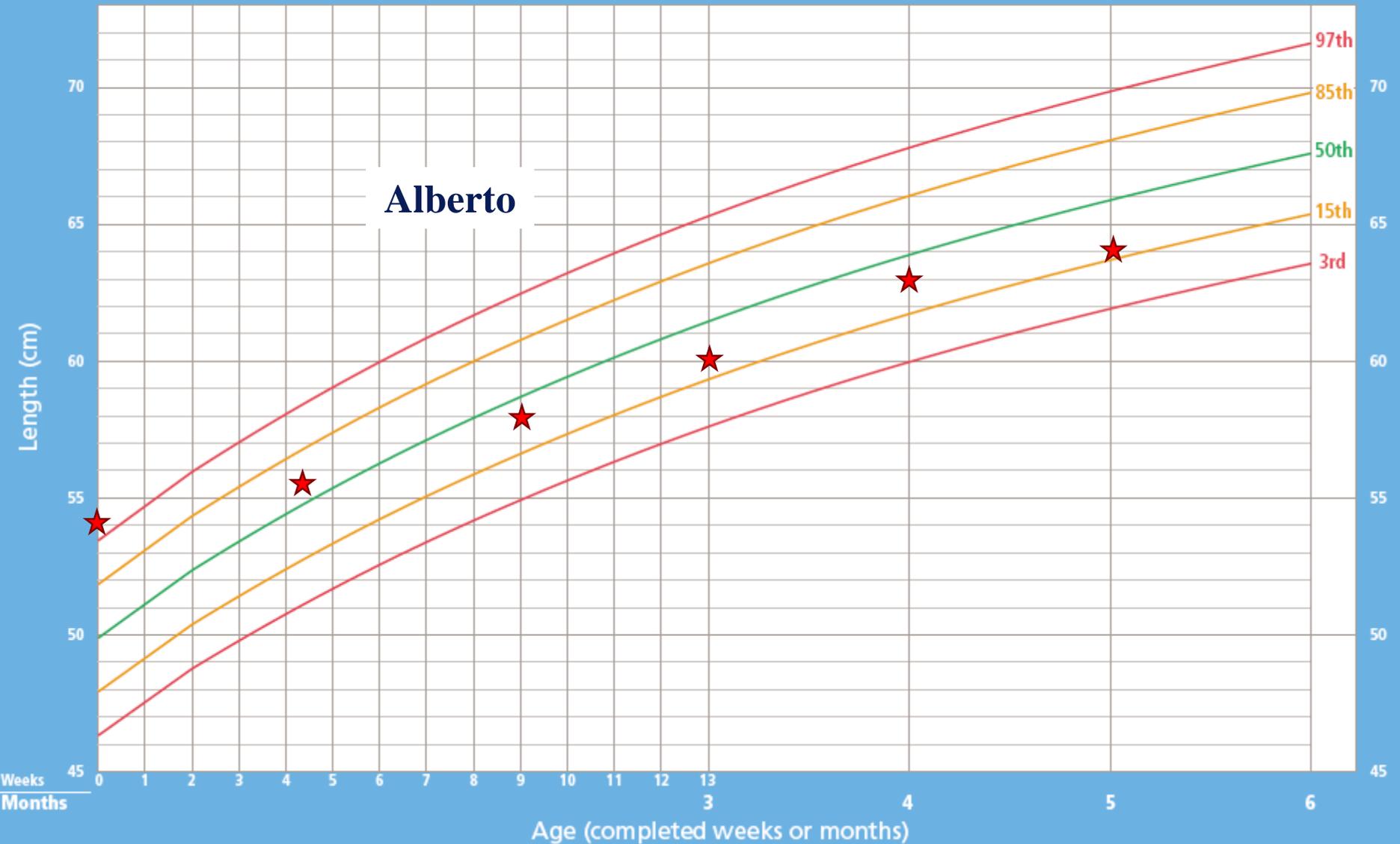
# Weight-for-age BOYS

Birth to 6 months (percentiles)



# Length-for-age BOYS

Birth to 6 months (percentiles)



# Luis

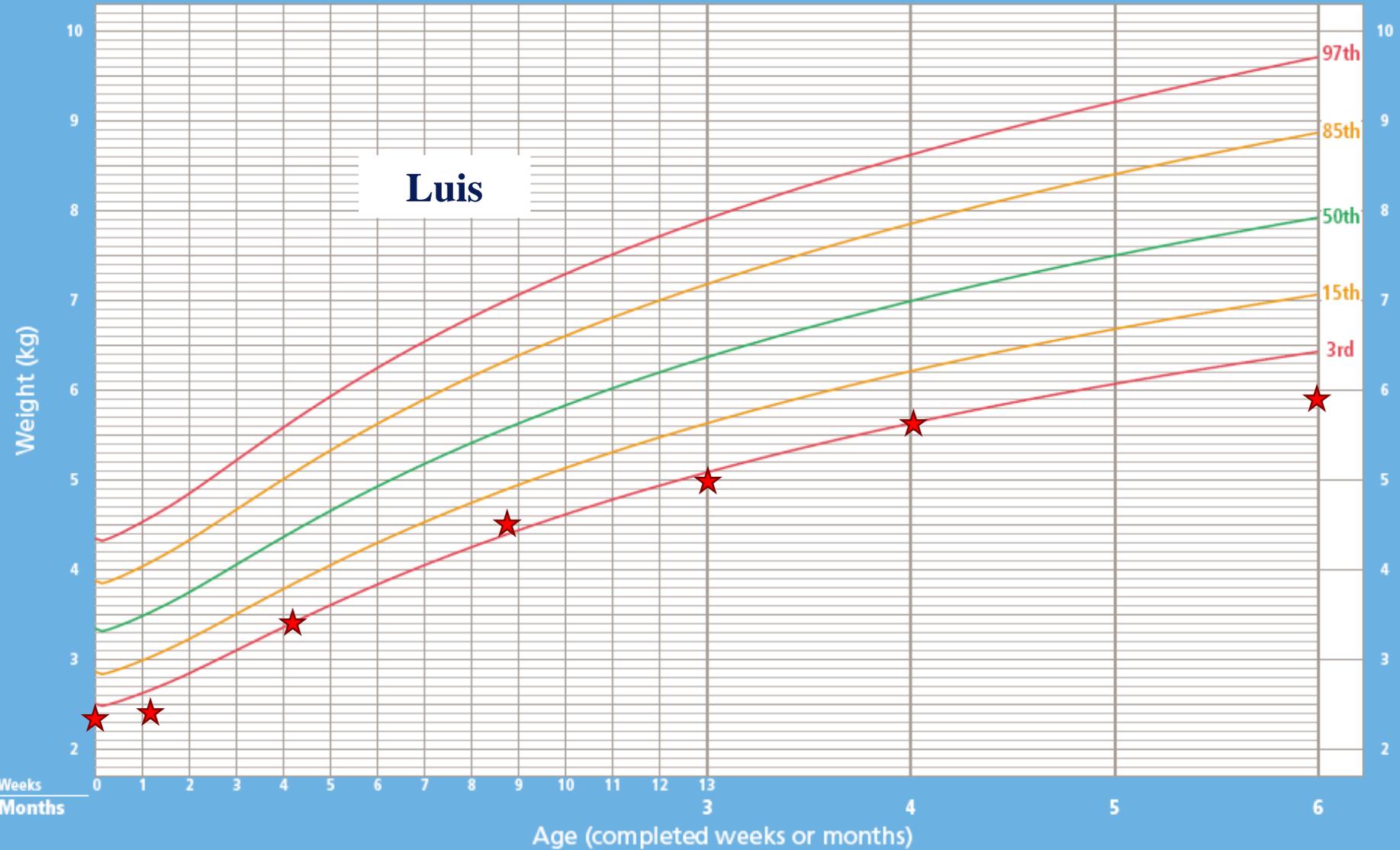
“Malnutrido”

Enviado al hospital

Pero el problema no es el peso

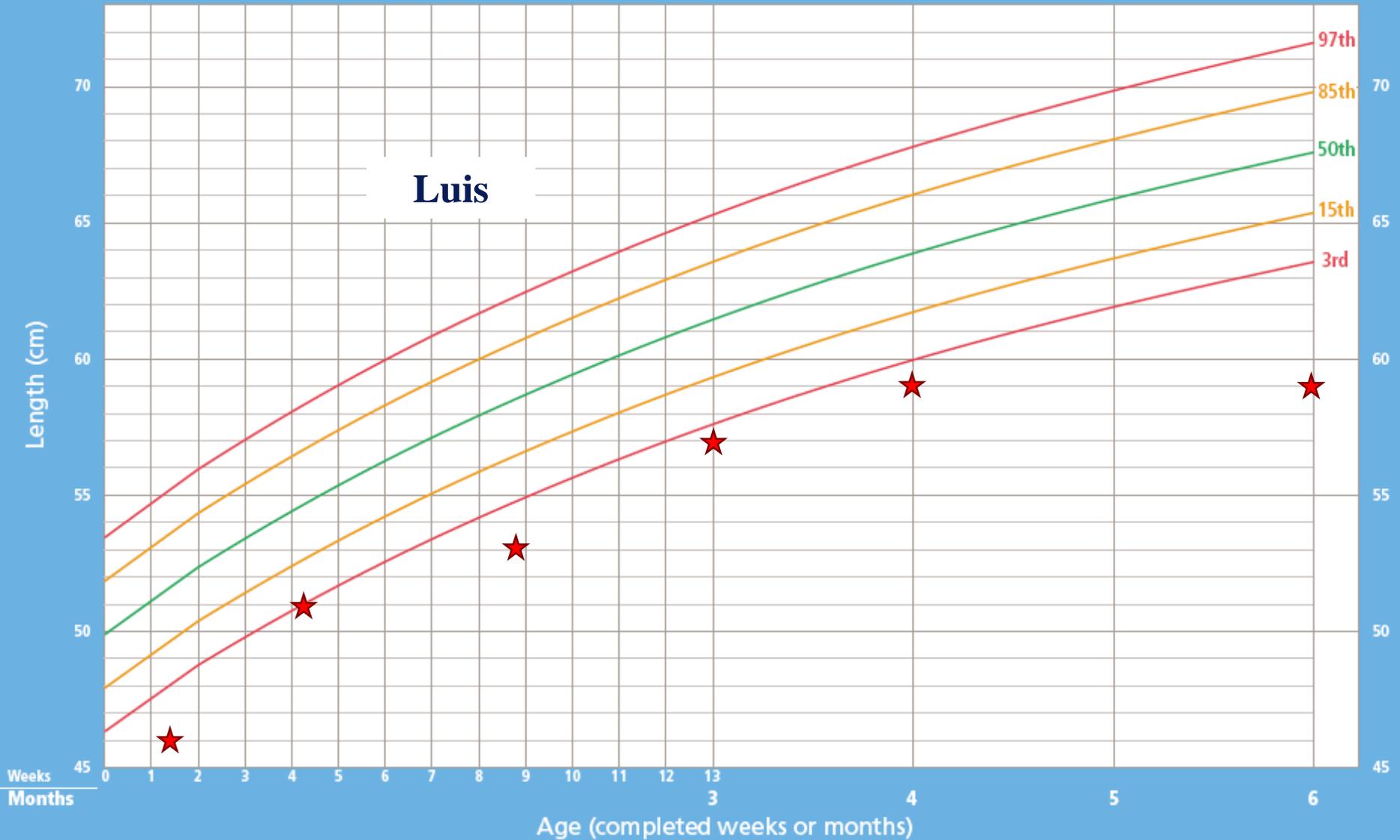
# Weight-for-age BOYS

Birth to 6 months (percentiles)



# Length-for-age BOYS

Birth to 6 months (percentiles)



Una buena  
curva puede  
ser peligrosa